

Agenda – February 12th, 2020

Time	Activities
13.00 – 13.30	Registration at Chamchuri Ballroom, Movenpick BDMS Wellness Resort Bangkok Enjoy welcome snacks and booth activities: Healthy choices by dieticians, Interactive photo booth etc.
13:30 – 13:40	Welcome Speech by Dr. Tanupol, COO and Director of BDMS Wellness Clinic
13:40 – 13:50	Welcome Speech by Dr. Nopparat, Director of Preventive Cardiology, BDMS Wellness Clinic
13:50 – 14:30	Doctors' Talk and Q & A with Prof. Sergio Fazio and Dr. Nopparat
14:30 – 14:50	Cardiovascular fitness/well being : Prediction and Prevention (Anti-aging approach) by Prof. Sergio Fazio, Dr. Nopparat and Dr. Tanupol
14:50 – 15:00	Group Photo
15:00 – 15:30	BDMS Wellness Clinic Tour
15:30	Event ends